



Rx-CLA

Conjugated Linoleic Acid

CLA is a naturally occurring trans isomer of linoleic acid, which promotes healthy body composition and supports weight control. It is unique in structure because of the location of the double bonds in the linoleic acid molecule.

Recent research shows that the specific isomers play key roles in many of CLA's physiological properties. Research indicates that three grams of CLA taken daily may be enough to trigger a modest loss in body fat in humans.

A Norwegian study documented significant body-fat loss with just 1.8 grams of CLA per day. Recent research shows that the specific isomers c9,t11 and t10, c12 play key roles in many of CLA's physiological properties. Several animal studies explore possible mechanisms of CLA, including the ability to maintain healthy fat deposition, promote lipolysis in adipocytes, moderate energy intake, and maintain healthy energy expenditure and metabolic rate.

Directions:

Take 1 softgel, three times daily, with meals.

Supplement Facts:

Serving Size: 3 Softgels

Servings Per Container: 30

Three Softgels Contain:

Safflower Oil (High Linoleic Acid)	- 3000 mg
Conjugated Linoleic Acid (CLA)	- 2400 mg
Cis-9, Trans-11 Isomer	- 1100mg
Trans-10, Cis-12 Isomer	- 1100 mg
Other Isomers	- 180 mg
Other Ingredients: Gelatin, Glycerin, Water, and Natural Color	

Contains no sugar, starch, salt, yeast, wheat, gluten, corn, milk, egg, shellfish, preservatives or titanium dioxide; non-GMO product.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

For additional information:

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