



# OsteoMD

Bone-building Support\*

This formula is designed specifically to maintain existing bone and increase bone mass based on the latest clinical research. This formula is used with Essentials 5-in-1 for the additional bone-building support from additional Vitamin D3 and Vitamin K2, which also support cardiac and cognitive function.

Specific special features include:

- **Calcium microcrystalline hydroxyapatite** is a calcium compound in the natural bone form, which contains minerals in their natural ratios, as well as residues of actual bone matrix, proteins, and glycosaminoglycans, making it easy to integrate into bone.
- **Calcium Aspartate Anhydrous (CAA)**, which is superior to calcium citrate in that it supports bone building. In a study of 1,306 patients, after three months of treatment, CAA increased the bone mineral density at the lumbar spine by a mean of 4.07% vs. 0.64 in the calcium citrate only group.
- **Magnesium** as Albion's TRAACS Magnesium Glycinate, which is highly absorbable and very gentle on the GI tract.
- **Vitamin D3** taken simultaneously with calcium is mandatory to ensure maximum absorption. The inability to absorb calcium is the major reason that calcium therapy fails to prevent or slow the progression of osteoporosis.
- **Other minerals** that are essential for bone building include zinc, manganese, boron and copper.
- **Bioperine** which has been show to increase the bioavailability of various nutrients.\*

## Directions:

Take six capsules daily, in divided doses

## Supplement Facts:

Serving Size: 6 Vegetarian Capsules

Servings Per Container: 30

## Six Capsules Contain:

Calcium (as Microcrystalline Hydroxyapatite (MCHC))	- 375 mg
Calcium (as Calcium Aspartate Anhydrous)	- 156 mg
Calcium (as DimaCal DiCalcium Malate)	- 69 mg
Vitamin D3	- 1,000 IU
Magnesium (as Glycinate)	- 200 mg
Zinc (as Picolinate)	- 5 mg
Boron (as Glycinate)	- 5 mg
Manganese (as Glycinate)	- 3 mg
Bioperine	- 2.5 mg

Other Ingredients: Vegetarian Capsule, Microcrystalline Cellulose, Rice Flour, L-Leucine, Inulin

Contains no sugar, starch, salt, yeast, wheat, gluten, corn, milk, egg, shellfish, preservatives or titanium dioxide; non-GMO product.

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\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

For additional information:

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