



Essentials 5in1

Multinutrient For Maximum Hormonal Activation

A complete multinutrient designed specifically for maximum hormonal and metabolic activation in one bottle, virtually eliminating the need for supplemental Vitamin B, Vitamin E, Vitamin A, Vitamin K, and extra minerals. This formula incorporates the latest scientific research on nutrition and metabolic functions. Individual nutrients are formulated for maximum bioavailability, synergy, hormonal/metabolic activation and anti-oxidant capacity.

Specific special features including ingredients which are usually available as separate supplement bottles include:

- **Vitamin A** forms which include a complete spectrum of beta-carotene and mixed carotenoids. It is a completely natural form derived from the pristine seas of the South Pacific.
- **Activated B-vitamins** with each B vitamin for immediate and sustained release activity. Doses used eliminate the need for stress-B-complex.
- **Pantethine**, which is critical for metabolism of cholesterol and triglycerides.
- **Vitamin C** which is in both the water-soluble and the fat-soluble forms (ascorbyl palmitate), which is critical for collagen vascular support.
- **Vitamin E** forms known to be synergistically active such as alpha-tocopherol, gamma tocopherol and sesame lignans. Gamma tocopherol is a more effective trap than alpha tocopherol for reactive nitrogen oxides, which are toxic to the body. Alpha tocopherol alone could be deactivated by free radicals without the presence of Gamma Tocopherol.
- **Vitamin K2**, which is critical for bone building and its plaque breaking ability. No other multinutrient formula currently available contains Vitamin K2.

- **Albion's TRAACS® Chelated Minerals:** The only clinically proven, chemically validated mineral amino acid chelates. They represent the gold standard in patented, pharmaceutical grade mineral chelates. Every TRAACS® mineral compound is validated and "fingerprinted" to ensure lot-to-lot conformity to Albion's high standards. TRAACS® mineral amino acid chelates deliver the following measurable results:

1. Highly bioavailable and easily digested
2. Safe, predictable and effective
3. Stable in acidic environments
4. Hypoallergenic, Kosher-Pareve and vegetarian friendly.

- **Bioperine®** has been added because it has been clinically shown to further increase the bioavailability of a wide range of nutrients.*

Directions:

Take 4 capsules daily, in divided doses, with meals.

Supplement Facts:

Serving Size: 4 Vegetarian Capsules

Servings Per Container: 30

Four Capsules Contain:

Vitamin A (as Betatene® D. salina natural beta-carotene with mixed Carotenoids)	- 7500IU
Vitamin C (as Ascorbic Acid 300mg, Ascorbyl Palmitate 150 mg)	- 450mg
Vitamin D3 (as cholecalciferol)	- 2000IU
Vitamin E (as d-alpha Tocopherol Succinate)	- 400IU
Vitamin E (as Gamma Tocopherol)	- 100mg
Vitamin B1 (as Thiamine HCL)	-75mg
Vitamin B2 (as Riboflavin 50mg, Riboflavin 5' Phosphate 25mg)	- 75mg
Vitamin B3 (as Niacinamide 75mg, Inositol Hexaniacinate 75mg)	- 150mg
Vitamin B5 (as D-calcium Pantothenate 200mg, Panthetine 100mg)	- 300mg
Vitamin B6 (as Pyridoxine HCL 25mg, Pyridoxine 5' Phosphate 25mg)	- 50mg
Vitamin B12 (as Methylcobalamin)	- 2000mcg
Folic Acid	- 800mcg
Biotin	-1000mcg
Vitamin K2 (menaquinone)	- 100mcg
Calcium (as DimaCal® di-calcium malate)	- 100mcg
Magnesium (as TRAACS® magnesium glycinate chelate buffered)	- 100mg
Chromium (as TRAACS® chromium nicotinate glycinate chelate)	- 500mcg
Iodine (as potassium iodide)	- 1000mcg
Zinc (as TRAACS® zinc glycinate chelate)	- 50mg
Selenium (as selenium glycinate complex)	- 400mcg
Cooper (as TRAACS® cooper glycinate chelate)	- 4mg
Vanadium (as TRAACS® vanadium nicotinate glycinate chelate)	- 200mcg
Boron (as boron glycinate complex)	- 2mg
Potassium (as potassium glycinate complex)	- 18mg
Manganese (as TRAACS® manganese glycinate chelate)	- 10mg
Molybdenum (as TRAACS® molybdenum glycinate chelate)	- 150 mcg
Sesame seed Lignan Extract	- 20mg
Bioperine	- 5mg
Other Ingredients: Vegetarian Capsule	

DimaCal, TRAACS and the Albion Medallion design are registered trademarks of Albion Laboratories, Inc. Malate covered under U.S. Patent 6,706,904 and patents pending.

For additional information:

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